



**CADER**

**Center for Aging & Disability  
Education & Research**

# **California/CADER Training Programs Evaluation Report February 2025**



School of Social Work:  
Center for Aging & Disability Education & Research

# Program Overview

**Two** training options were offered through the program:

## **ADRC/No Wrong Door Key Principles Certificate Program**

6 required courses:

1. Core Issues in Aging and Disability
2. A Guide to the Aging and Disability Networks
3. Assessment with Older Adults and Persons with Disabilities
4. Mental Health Training in Options Counseling
5. Understanding Consumer Control, Person-Centered Planning, and Self-Direction

## **Supplemental Training Program**

3 courses were available to learners. Learners could take any or all of the courses:

1. Care Management Practice
2. Care Transitions
3. Working with Informal Caregivers

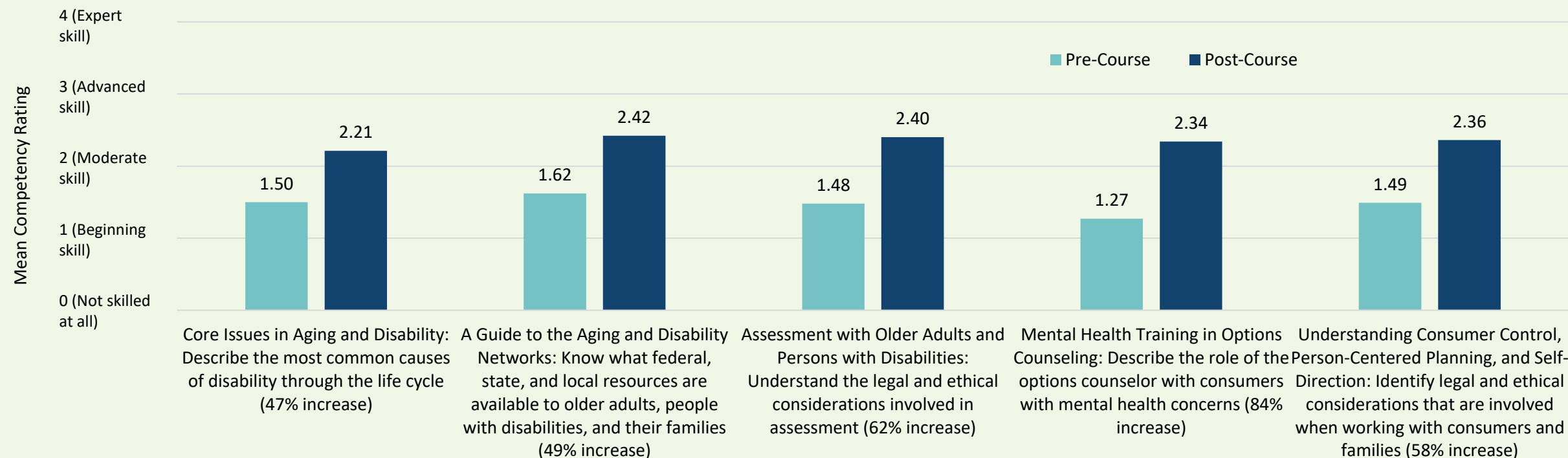


# Results: Competencies: ADRC Certificate Program

At the beginning and end of each course, learners were asked to rate their skill level in various competencies using the following scale: 0 - Not skilled at all; 1 - Beginning skill; 2 - Moderate skill; 3 - Advanced skill; 4 - Expert skill.

Below is a sample competency from each course, along with the percent increase in skill level. All increases in skill level from the pre-course self-assessment to the post-course self-assessment were statistically significant ( $p < .001$ ).

## Mean Competency Ratings



# Results: ADRC Certificate Program

## Course 1: Core Issues in Aging and Disability

### Learner Feedback:

*"Great course. It has expanded my mind enormously. I will certainly recommend this course to my colleagues."*

*"I learned a lot. I wish this course was available to me when I first starting working with the aging community."*

91%

of learners agreed or strongly agreed that the course will help them apply practice skills in the topic area.

## Course 2: A Guide to the Aging and Disability Networks

### Learner Feedback:

*"I will be able to offer even more resources to my clients than the ones I was already familiar with. Very helpful."*

*"I will feel more comfortable assisting those with specific needs and being able to help them find the resource they need."*

91%

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.

# Results: ADRC Certificate Program

## Course 3: Assessment with Older Adults and Persons with Disabilities

### Learner Feedback:

*"Everything in this course was very helpful information when connecting with my consumer."*

*"I think the course had some great information and the interactive modules are great when applying what we have learned."*

**91%**

of learners agreed or strongly agreed that the course will help them apply practice skills in the topic area.

## Course 4: Mental Health Training in Options Counseling

### Learner Feedback:

*"All this information was so helpful, this course should be taken by anyone working in direct services."*

*"This course really helps options counselors better navigate conversations."*

**90%**

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.

# Results: ADRC Certificate Program

## Course 5: Understanding Consumer Control, Person-Centered Planning, and Self-Direction

### Learner Feedback:

*"I thought that this course was helpful in giving me additional ways to communicate and support consumers in this setting."*

*"Such a great course. I hope all those who work with seniors in a case management capacity can understand that this is the most important course they may ever take."*

88%

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.

# Results: Supplemental Training Program

## Care Management Practice

### Learner Feedback:

*"This would be a great yearly refresher course for individuals who work with adults."*

*"Everything was helpful throughout this course. A lot of beneficial information was provided."*

*"It was great and informative."*

87%

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.

## Care Transitions

### Learner Feedback:

*"I anticipate providing more person-centered care by giving consumers more tools to be more engaged in their own care."*

*"The course has a lot of good information and really focused on the need for care transition programs."*

90%

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.

# Results: Supplemental Training Program

## Working with Informal Caregivers

### Learner Feedback:

*"I'm more aware of the caregiver needs and will be more empathetic when dealing with caregivers."*

*"All the information that was provided was extremely helpful and beneficial to know."*

*"I was very happy with this course."*

90%

of learners agreed or strongly agreed that the course expanded their knowledge and understanding of the topic area.



# Conclusion

- Learners in all courses gained skills in key competency areas.
- Learners described how the training enhanced their knowledge, provided them with new resources that they can use to support their clients, and helped them improve their communication with clients.
- Learners recommended that their colleagues and professionals working in human services complete the training.





# Contact Us

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